

# Mersey Memory Paddle Canoe Tour

## Sunday 7th June 2009

Paddle the 18 miles of the Mersey Canoe Trail from Stockport to Carrington as a sponsored challenge or an interesting day out in the sun. The river is grade 1-2 with a moderate flow, a few easy rapids and four weirs. All weirs have good portage routes to carry round. Dust off your canoe and come and join us.

*This is a luxury tour.*

- Free shuttle bus to bring shuttle drivers back to the start before the tour to reduce your carbon foot print. Sponsored by the Environment Agency Mersey Life Project.
- Refreshment vendor and toilet at the start.
- Hot and cold drink vendor at a lunch stop at Northenden Weir.
- Riverside pub, Jackson's Boat at Sale.
- Refreshment vendor and changing rooms at the finish at Carrington Rec.

*Sorry, you still have to paddle.*



Entry fee Adults £7 Children £3 plus £2.50 for non BCU members. For entry and safety information - Visit [www.alzheimers.org.uk](http://www.alzheimers.org.uk) Ring Sue Clarke on 0161 203 6434 Email [sue.clarke@alzheimers.org.uk](mailto:sue.clarke@alzheimers.org.uk) Visit [http://resource.brookbankcanoes.co.uk/advice\\_articles/mersey\\_canoe\\_trail.pdf](http://resource.brookbankcanoes.co.uk/advice_articles/mersey_canoe_trail.pdf) for a guide to the river.

Even if you do not want to paddle make Sunday 7th your day for a walk or cycle by the river, there are riverside paths from Stockport to Sale.