

Best Placed			
Name	H'cap	places	Best three
Simon Nixon	0	8,6,2,3,1,7,1	4
Sarah	1	2,2,4,5,5,4,4,4,1,5	5
Ned Price	4	1,6,2,2	5
Neil	6	4,5,3,1,2,11,13,10,6	6
Andrew Mayland	-2	5,3,7,4,5,1,15,8	8
Mike C	-2	2,2,7,5,16,9	9
Andrew	2	6,7,3,4,2,5,5,8	9
Adrian	4	7,6,2,8,6,3,8,11,10	11
Mark F	-2	3,5,8,6,4,6,8,4	11
Robin	10	4,,3,14	12
David Shipway	-2	7,3,3	13
John K	1	1,9,9,6,9,8,10,10,6,4	13
Jo Mayland	-2	3,7,9,5	15
Kerrian	-3	10,8,7,5,9,7	15
John B	6	12	
Chris	4	11,9	
Maggie	0	12	
Stephen Davies	-10		
Bill	-6	1,1	
Kevin Back	-6		
Tony/Alan (K2)	-6	0	
Paul	0	2	
Simon Millest (2 MILES)	12	0	
Mark S	-5	1,1	

Best Improvement				
Name	H'cap	First time	Yr PB	Improvement
Mark S	-5	51:50.0	45:15.0	06:35.0
Kerrian	-3	49:08.0	43:49.0	05:19.0
Simon Nixon	0	43:35.0	39:38.0	03:57.0
Neil	6	38:10.0	34:28.0	03:42.0
Andrew Mayland	-2	45:16.0	41:50.0	03:26.0
Adrian	4	39:03.0	35:51.0	03:12.0
Sarah	1	41:50.0	39:00.0	02:50.0
Robin	10	33:03.0	30:57.0	02:06.0
Simon Millest (2 MILES)	12	28:48.0	27:06.0	01:42.0
John K	1	40:20.0	38:45.0	01:35.0
Andrew	2	39:30.0	38:11.0	01:19.0
Bill	-6	47:30.0	46:11.0	01:19.0
Ned Price	4	36:51.0	35:34.0	01:17.0
John B	6	35:55.0	34:52.0	01:03.0
Mark F	-2	43:03.0	42:17.0	00:46.0
David Shipway	-2	42:25.0	41:46.0	00:39.0
Paul	0	40:54.0	40:21.0	00:33.0
Mike C	-2	41:49.0	41:36.0	00:13.0
Jo Mayland	-2	41:50.0	41:49.0	00:01.0
Tony/Alan (K2)	-6	51:50.0	51:50.0	00:00.0
Chris	4	36:15.0	36:15.0	00:00.0
Maggie	0	44:13.0	44:13.0	00:00.0
Stephen Davies	-10	50:10.0	50:10.0	00:00.0
Kevin Back	-6	46:02.0	46:02.0	00:00.0