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MASSAGE

Qualified Sports Masseuses Jo Spinak & Sharon Watson
will be providing Sports Massage
in the main hall opposite the stage on race day.

SPECIAL RACE DAY PRICES ONLY

Pre-race massage: £4

Post- race massage: £5

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FURTHER CONTACT INFORMATION

Jo Spinak – V.T.C.T. dip

'VIVA' MASSAGE THERAPY

Sports Massage, Aromatherapy & Indian Head Massage
Based in Hickling & treating Notts/Leics clients

Telephone: 01664 822795
or: 07967 212 581

Usual Sports Massage Prices:

Legs: £20 Full Body: £30

Sharon Watson – V.T.C.T. dip

'The Stress Stop'

Chair Massage, Sports Massage, Reflexology.
Based in Syston, Leics

Telephone: 0116 2600375
Or: 0770 901 3369