

LETHBRIDGE 10K

Wednesday 10th June 2009 7:30pm
 Croft Sports Centre, Old Town, Swindon, SN3 1RA

Sponsored by:



- Changing and parking at Croft Sports Centre, SN3 1RA
- Minimum age 15 years
- Rural Setting, fairly flat
- Under UKA rules – Permit No.-Applied
- Course Measurement Certificate Number – (Applied For)
- Race limit 325
- SOLD OUT in advance 2007 and 2008

Prizes to:

- First three men and women
- First three men 40-49 and women 35-44
- First man 50+ and woman 45+
- First man 60+ and woman 55+
- First three male and female teams (First 3 team members count)
- Plus numerous other spot prizes

Send entry forms, entry fee and 9”x6” SAE with correct postage by 31st May to:

Cheques made payable to “Friends of Lethbridge Primary School”
 S. Kennedy
 9 Pleydell Road
 Old Town
 Swindon SN1 4DJ

UKA Affiliated runners: £8.00 Un-affiliated:£10.00
NO ENTRIES ON THE DAY

Any entries received after 31st May or with incorrect postage then numbers to be collected from race control at the Croft Sports Centre on the day. No entries will be accepted on the day. The race will start promptly! No need to register on the day once you’ve received your race number.

Entry Form:

PLEASE COMPLETE IN BLOCK CAPITALS

Race Number

Surname		Age on race day		
Forename		Date of Birth		
Address				
		Post Code		
Telephone		Club or Team		
E-Mail		UK Athletics Registration Number		

Male Female

I declare that I will abide by the laws and rules of the race. I will follow all instructions given by the race officials. I am not under the race minimum age to compete in this event i.e. 15 years old; and I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any case, I will only compete at my own risk.

SIGNATURE DATE

Don't forget your cheque, made payable to Friends of Lethbridge Primary School:
 UKA Affiliated runners: £8.00 ; Un-affiliated runners: £10.00